

Joydens Wood Infant School

Week One – 15th April, 6th May, 3rd June, 24th June, 15th July

<u>Main</u> Bolognaise Sauce or Tuna mayo Su Ce F E	<u>Main</u> Nando's style mild chicken breast	<u>Main</u> Pork sausage & Yorkshire pudding Su G E Mk	<u>Main</u> Ham & cheese pizza G Mk	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese Mk	<u>Vegetarian</u> Nando's style mild Quorn fillet E	<u>Vegetarian</u> Vegan sausage & Yorkshire pudding G E Mk	<u>Vegetarian</u> Cheese & tomato pizza G Mk	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Steamed fluffy rice	<u>Carbohydrate</u> Potato waffle	<u>Carbohydrate</u> Potato wedges	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Shortbread biscuit G	<u>Dessert</u> Chocolate & beetroot cake G E	<u>Dessert</u> Oat cookie E G	<u>Dessert</u> Orange sponge & chocolate sauce G E	<u>Dessert</u> Fruit jelly

Week Two – 22nd April, 13th May, 10th June, 1st July

<u>Main</u> Bolognaise Sauce or Tuna mayo Su Ce F E	<u>Main</u> Breaded Chicken Breast fillet BBQ Sauce G	<u>Main</u> Very Mild Beef & Baked Bean Chilli with Nachos G Su	<u>Main</u> Chicken Pie in gravy G	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese Ce Mk	<u>Vegetarian</u> Breaded Quorn fillet BBQ Sauce G E	<u>Vegetarian</u> Very Mild Mixed Bean Chilli with Nachos G	<u>Vegetarian</u> Vegetable samosa G	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Penne pasta G	<u>Carbohydrate</u> Orzo G	<u>Carbohydrate</u> Steamed Rice	<u>Carbohydrate</u> Boiled Potato	<u>Carbohydrate</u> Oven baked chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Crunchy chocolate & orange biscuit G	<u>Dessert</u> Carrot cake G E	<u>Dessert</u> Fresh Fruit & Ice Cream Mk	<u>Dessert</u> Flapjack	<u>Dessert</u> Iced Bun E G

Week Three – 29th April, 20th May, 17th June, 8th July

<u>Main</u> Bolognaise Sauce or Tuna mayo Su Ce F E	<u>Main</u> Homemade sausage roll G Su	<u>Main</u> Tuna Pasta Bake G MK F	<u>Main</u> Turkey fajitas – lightly Mexican spiced turkey breast strips with roasted carrots & peppers in a soft tortilla wrap G	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese Ce Mk	<u>Vegetarian</u> Homemade vegan sausage roll G So	<u>Vegetarian</u> Cheese Pasta Bake G Mk	<u>Vegetarian</u> Cheese & Mexican spiced veg fajita Mk G	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Sliced baked potatoes	<u>Carbohydrate</u> Potato waffles	<u>Carbohydrate</u> Steamed rice	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Pear & chocolate crumble with chocolate sauce G	<u>Dessert</u> Lemon Drizzle G E	<u>Dessert</u> Banana & chocolate cake E G	<u>Dessert</u> Fruit cookie G E	<u>Dessert</u> Apple Muffin G E

*Pasta, salad and fresh fruit alternatives available daily. ** Our dishes are homemade using fresh ingredients; recipes are modified to reduce sugar and fat where possible. ** All allergy concerns are catered for. ** Packed lunches and jacket potatoes are available to order [by texting 07544 725314 BEFORE 9.15am](tel:07544725314) with child's name/class and choice of sandwich (cheese/ham) or jacket potato (cheese, beans, cheese & beans, tuna mayo)*

Allergens						
Ce celery	F fish	Mk milk	N nuts	So soya	E eggs	Mu mustard
Cr crustacean	G cereals (gluten)	Mo molluscs	P peanuts	Su sulphur dioxide	L lupin	Se sesame seeds