

Joydens Wood Infant School

Week One – 3 Jan, 24 Jan, 21 Feb, 14 Mar

<u>Main</u> Bolognese Sauce or Tuna mayo Su Ce	<u>Main</u> Mini Brunch Cocktail sausage Slice of bacon G Su	<u>Main</u> Homemade chicken breast nuggets Ce G E	<u>Main</u> Ham & tomato pizza G Mk	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese Ce Mk	<u>Vegetarian</u> Mini vegan brunch G	<u>Vegetarian</u> Vegan breaded nuggets G	<u>Vegetarian</u> Cheese & tomato pizza G Mk	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Hash brown	<u>Carbohydrate</u> Steamed rice	<u>Carbohydrate</u> Potato waffle	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Baked beans Or Grilled Tomato	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Oat & raisin cookie G E Mk	<u>Dessert</u> Banana muffin G E Mk	<u>Dessert</u> Chocolate & courgette cake G E	<u>Dessert</u> Apple crumble & custard G Mk	<u>Dessert</u> Citrus shortbread G Mk

Week Two – 10 Jan, 31 Jan, 28 Feb, 21 Mar

<u>Main</u> Bolognese Sauce or Tuna mayo Su Ce	<u>Main</u> Mini cheeseburger square G Mk Ce	<u>Main</u> Subway style roll with choice of ham or tuna G E F	<u>Main</u> Roast chicken & Yorkshire pudding Ce E Mk G	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese Ce Mk	<u>Vegetarian</u> Mini vegeburger square G Mk	<u>Vegetarian</u> Subway style roll with cheese G Mk	<u>Vegetarian</u> Vegan sausage plait Ce G E	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Tortilla chips	<u>Carbohydrate</u> Plain baked crisps	<u>Carbohydrate</u> Roast potatoes	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Mini corn on the cob	<u>Vegetables</u> Cucumber sticks	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Lemon & ginger biscuit G E Mk	<u>Dessert</u> Carrot cake G E Mk	<u>Dessert</u> Flapjack Mk	<u>Dessert</u> Fruit jelly	<u>Dessert</u> Raspberry cupcake G E Mk

Week Three – 17 Jan, 7 Feb, 7 Mar, 28 Mar

<u>Main</u> Bolognese Sauce or Tuna mayo Su Ce	<u>Main</u> Ham & cheese swirl G Mk	<u>Main</u> Sausage & Yorkshire pudding G E Mk Su Ce	<u>Main</u> Plain chicken breast casserole Ce	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese C Mk	<u>Vegetarian</u> Cheese swirl G Mk	<u>Vegetarian</u> Vegan sausage & Yorkshire pudding G E Mk So	<u>Vegetarian</u> Quorn breast casserole E Ce	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Oven baked diced potatoes	<u>Carbohydrate</u> Mini potato waffle	<u>Carbohydrate</u> Plain boiled rice	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Homemade strawberry ice cream Mk	<u>Dessert</u> Sultana shortbread G Mk	<u>Dessert</u> Chocolate & beetroot cake E G	<u>Dessert</u> Rice pudding & fruit jam Mk	<u>Dessert</u> Nut free Bakewell slice G E Mk

*Pasta, salad and fresh fruit alternatives available daily. ** Our dishes are homemade using fresh ingredients; recipes are modified to reduce sugar and fat where possible. ** All allergy concerns are catered for. ** Packed lunches and jacket potatoes are available to order [by texting 07544 725314 BEFORE 9.15am](tel:07544725314) with child's name/class and choice of sandwich (cheese/ham) or jacket potato (cheese, beans, cheese & beans, tuna mayo)*

Allergens						
Ce celery	F fish	Mk milk	N nuts	So soya	E eggs	Mu mustard
Cr crustacean	G cereals (gluten)	Mo molluscs	P peanuts	Su sulphur dioxide	L lupin	Se sesame seeds