

Joydens Wood Infant School

Week One – 31 Aug, 20 Sep, 11 Oct, 8 Nov, 29 Nov

<u>Main</u> Bolognese Sauce	<u>Main</u> Mini Brunch Cocktail sausage Slice of bacon G Su	<u>Main</u> Homemade chicken breast nuggets Ce G E	<u>Main</u> Ham & tomato pizza G Mk	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese or tuna mayo E F	<u>Vegetarian</u> Mini vegan brunch G	<u>Vegetarian</u> Vegan breaded nuggets G	<u>Vegetarian</u> Cheese & tomato pizza G Mk	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Hash brown	<u>Carbohydrate</u> Steamed rice	<u>Carbohydrate</u> Potato waffle	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Baked beans Or Grilled Tomato	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Oat & raisin cookie G E	<u>Dessert</u> Banana muffin G E	<u>Dessert</u> Chocolate & courgette cake G E	<u>Dessert</u> Apple crumble & custard G Mk	<u>Dessert</u> Citrus shortbread G

Week Two – 6 Sep, 27 Sep, 18 Oct, 15 Nov, 6 Dec

<u>Main</u> Bolognese Sauce	<u>Main</u> Mini cheeseburger square	<u>Main</u> Roast chicken & Yorkshire pudding G Ce Mk E	<u>Main</u> Ham & cheese tagliatelle Mk G	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese or tuna mayo E F	<u>Vegetarian</u> Mini veggieburger square G Mk	<u>Vegetarian</u> Vegan sausagemeat plait G So	<u>Vegetarian</u> Creamy cheese tagliatelle Mk G	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Tortilla chips	<u>Carbohydrate</u> Roast potatoes	<u>Carbohydrate</u> French stick	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Mini corn on the cob	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Lemon & ginger biscuit G E	<u>Dessert</u> Carrot cake G E	<u>Dessert</u> Flapjack	<u>Dessert</u> Fruit jelly	<u>Dessert</u> Raspberry cupcake G E

Week Three – 13 Sep, 4 Oct, 1 Nov, 22 Nov, 13 Dec

<u>Main</u> Bolognese Sauce	<u>Main</u> Ham & cheese swirl	<u>Main</u> Sausage & Yorkshire pudding G E Mk Su Ce	<u>Main</u> Mild chicken curry Ce	<u>Main</u> Fish finger Friday F G
<u>Vegetarian</u> Tomato sauce or cheese Ce	<u>Vegetarian</u> Cheese swirl G Mk	<u>Vegetarian</u> Vegan sausage & Yorkshire pudding G E Mk So	<u>Vegetarian</u> Vegetable samosa & mild curry sauce G Ce	<u>Vegetarian</u> Fishless fingers G
<u>Carbohydrate</u> Pasta G	<u>Carbohydrate</u> Oven baked diced potatoes	<u>Carbohydrate</u> Mini potato waffle	<u>Carbohydrate</u> Plain boiled rice	<u>Carbohydrate</u> Oven chips
<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day	<u>Vegetables</u> Seasonal vegetables Salad of the day
<u>Dessert</u> Homemade strawberry ice cream Mk	<u>Dessert</u> Sultana shortbread G	<u>Dessert</u> Chocolate & beetroot cake E G	<u>Dessert</u> Rice pudding & fruit jam Mk	<u>Dessert</u> Nut free Bakewell slice G E

Pasta, salad and fresh fruit alternatives available daily. ** Our dishes are homemade using fresh ingredients; recipes are modified to reduce sugar and fat where possible. ** All allergy concerns are catered for. ** Packed lunches and jacket potatoes are available to order **by texting 07544 725314 BEFORE 9.15am** with child's name/class and choice of sandwich (cheese/ham) or jacket potato (cheese, beans, cheese & beans, tuna mayo)

Allergens						
Ce celery	F fish	Mk milk	N nuts	So soya	E eggs	Mu mustard
Cr crustacean	G cereals (gluten)	Mo molluscs	P peanuts	Su sulphur dioxide	L lupin	Se sesame seeds